Infant Feeding and Allergy



Webinar streaming March 10th - June 30th 2023



Program

Danuta Amelung – Food protein-induced enterocolitis syndrome (FPIES)

0.75hr (0.75 L cerp)

Melissa Cole – Common infant digestive health concerns and useful support strategies

1.5hr (1.5L Cerp)

LaChiana A. Hamilton – Gut Health and All That Jazz

1hr (1 L cerp)

Trillitye Paullin - Empowering Breastfeeding through Infant Food Reactivity

1hr (1 L cerp)

Thorsten Stanley – Food allergy in the breastfed infant: Diagnosis, management and insight into the development of the problem

0.5hr (0.5 L cerp)

Frances Walker – Reintroducing foods into the maternal diet post exclusions

1hr (1 L cerp)

Speakers

Danuta Amelung, BHB, MbChB, FRNZCGP, Dip. Paed, PGCertWHlth, PGDipTrvMed

Dr Amelung is a General Practitioner with a special interest in non-IgE allergy including FPIES, infant feeding and maternal and child health. She is accredited through the Possums Neuroprotective Developmental Care program, and has completed additional post graduate study in paediatrics, obstetrics and gynaecology, and tropical medicine. Her published research background is in paediatric middle ear disease and sinusitis. Danuta has a passion for supporting families experiencing cry-fuss behaviour, breastfeeding challenges, and improving communication between health professionals and allergy families. Danuta works as a specialist General Practitioner in the Hutt Valley, New Zealand.

Melissa Cole, MS, IBCLC

Melissa Cole is a board-certified lactation consultant, neonatal oral-motor assessment professional and clinical herbalist in private practice. Melissa is passionate about providing comprehensive, holistic lactation support and improving the level of clinical lactation skills for health professionals. She enjoys researching and writing, especially on topics such tongue tie and botanical medicine. Her bachelor's degree is in maternal/child health and lactation and her master's degree is in therapeutic herbalism. Before pursuing her current path, Melissa's background was in education and cultural arts, which has served her well in her work as a lactation consultant and healthcare educator. She loves living, working and playing in the beautiful Pacific Northwest with her 3 children.

LaChiana A. Hamilton, DNP, CLC

Dr. Hamilton is the co-founder and chief operations officer of Free To Feed. She is currently serving as a nurse practitioner at a federally qualified health center in Okatie, SC. In this position, she proudly serves the socioeconomically disadvantaged and the underserved. LaChiana served in the United States Military as an Army Officer for over 11 years. LaChiana departed from military service after her son had open-heart surgery in 2009; this event led her to healthcare. She has a heart for teaching children how to grow up to be healthy adults and for helping mothers learn to navigate the complexities of feeding infants with food intolerances.

Trillitye Paullin, PhD

Dr. Trill Paullin is a molecular biologist and mother to two beautiful daughters who had severe infant food reactions to proteins transferred from her diet to breast milk. After processing the painful fact that she could hurt her children through breastfeeding, she started researching how to produce breast milk they could properly digest. She discovered that many parents experience the same troubling situation. She wanted to create a place for parents to find answers to their questions about infant food reactivity and empower them to reach their feeding goals. Free to Feed was born to provide the research, resources, and support she wished they had early on.

Thorsten Stanley, MB, Ch B DCH, DObst, MRCPUK, FRCPUK

Dr Stanley is a senior lecturer in paediatrics at the University of Otago, Wellington. He has been a consultant paediatrician since 1980 with special expertise in all aspects of allergy management and prevention, with particular experience in probiotics and diagnosis of non-IgE food allergies.

Speakers (cont.)

Frances Walker, BSc, DipEd, MNut.Diet

Frances Walker dedicates 50% of her Food Intolerance Private Practice working with babies sensitive to food allergens and other food components via the maternal milk. Working with mothers across the nation and locally, Frances supports parents to find a pathway through the confusing world of babies reacting to breast milk with often very distressing symptoms despite having already made dietary eliminations to their diets. Maximising nutrition while supporting elimination with the ultimate aim of re-introducing foods as tolerated is often an individual pathway requiring a thorough detailed analysis. Seeing babies emerge from the fog of symptoms to finding their smiles is reward in itself.

> Accreditation: 5.75 L CERPs ACM 6.5 ACM CPD has been applied for.



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